



Cinch shaper, \$35, [byama.com](http://byama.com)

### WAIST NOT

Eager to get back to your svelte postpregnancy curves? Let these shape-shifters soo you up.



Shetex Hip belt, \$55, [upspringbaby.com](http://upspringbaby.com)



**Breast soother**  
Novena cream, \$22, [novenamaternity.com](http://novenamaternity.com)



**Stretch mark fader**  
Bello's cream, \$20, [thefirstyears.com](http://thefirstyears.com)



**Mend and moisturize**  
Just because it's had some wear and tear doesn't mean you can't love the skin you're in.

**Flab firmer**  
Noodle & Boo gel, \$38, [noodleandboo.com](http://noodleandboo.com)

## Rest on your laurels

After nine long months of gestation, your hard-working body deserves a little R&R.



### Bosom buddy

Between latching and engorgement, mama's breasts can get more than just a little sore.

Help soothe their sensitivity with the soft and therapeutic Shower Hag.

Balmama & Cherish shower relief wrap, \$30, [showerhag.com](http://showerhag.com)